

The antigungal effect of Moringa

By Abu Bakar

The Antifungal Effect of Moringa Oleifera on the Growth and Cell Surface Changes of *Candida albicans* in Oral Mucosa Infection

Utmi Arma,*¹ Fitria Mailiza,¹ Abu Bakar¹

⁵
1. Department of Oral Medicine, Dentistry Faculty, Universitas Baiturrahmah, Padang, Indonesia.

Abstract

Candida albicans (*C. albicans*) were reported as a causative pathological agent that triggers oral candidiasis infection. Moringa leaves (*Moringa oleifera*) have antifungal properties and contain antioxidant compounds that can potentially prevent interactions between *C. albicans* receptors and protein ligands of epithelial cells and fibroblast cells.

This study aimed to evaluate changes in *C. albicans* cell surface on hydrophobicity activity and hydrocarbon response from the effect of *C. albicans* growth associated with healing in a mucosal infection model by *C. albicans*. Changes in *C. albicans* cell surface (hydrocarbon and hydrophobicity) using xylene and Crystal violet staining. Assessment of *C. albicans* growth by spectrophotometry and mucosal healing by H and E staining. *M. oleifera* has hydrocarbon properties at 24 hours (13%), 48 hours (12%), and 72 hours (12%). At 48 hours, all concentrations of the test material experienced increased hydrocarbon activity against *C. albicans*. At 72 hours, the movement of hydrocarbons tends to stabilize on the surface of *C. albicans* cells. *M. oleifera* maintained the quantity of *C. albicans* colonies <300 CFU/mL (OD:<0.01). *M. oleifera* had a relationship with inhibiting the growth of *C. albicans* at the incubation time of 24 hours and 48 hours, respectively.

The *M. oleifera* also increased the healing of wounds infected by *C. albicans* based on increased fibroblast cells. *M. oleifera* can increase hydrocarbons and reduce the hydrophobicity of the cell surface of *C. albicans* and reduce growth. In addition, *M. oleifera* can increase the healing of oral mucosal infections after being infected with *C. albicans*, which is indicated by an increase in fibroblast cells.

Experimental article (J Int Dent Med Res 2023; 16(3): 1022-1030)

Keywords: *Candida albicans*, Hydrocarbon, Hydrophobicity, Moringa oleifera, fibroblast cell.

Received date: 30 May 2023

Accept date: 26 August 2023

Introduction

Candida albicans (*C. albicans*) is a causative pathological agent that triggers candidiasis infection. This infection can have implications for a decrease in the mucosal defense system. In addition, *C. albicans* has the characteristic of spreading more quickly if the biological conditions of the oral cavity are not balanced. Changes in temperature, salivary pH, and hormonal disturbances can trigger the development of these fungi, thereby exacerbating the infection.¹

Several factors can increase the risk of *C. albicans* growth in the oral cavity. One of the most common causes is the overuse of antibiotics, co-morbidities such as cancer, AIDS, diabetes, and denture users, which cause chronic irritation. Candidiasis can be fatal if it reaches the bloodstream or vital organs such as the heart, but it is rare, except in chronic cases. Decreased immunity further exacerbates this infection.²

The fungus *C. albicans* has several virulence factors involved in the pathogenesis of the infection. Hydrophilic and hydrophobic properties are two virulence factors that often act when involved in pathogenesis. In addition, adhesion factors and biofilm formation are reported to contribute together with hydrophilic properties when penetrating and infecting the host mucosa.³ Increasing the hydrophilic properties of the cell surface is a strategy for

*Corresponding author:

Utmi Arma,
Department of Oral Medicine, Dentistry Faculty, Universitas
Baiturrahman, Jl. By Pass No.KM. 14, Sungai Sapih, Kec.
Kuranji, Kota Padang, Sumatera Barat, Indonesia 25586.
E-mail: utmiarma@kg.unbrah.ac.id

adhesion or binding to the ligands present in the host cell. This bond helps *C. albicans* to spread and form new communal as a phase to expand the infection.⁴ In candidiasis caused by cigarette smoke, *C. albicans* tend Bonds between nicotine receptors and nicotine receptor ligands can cause changes in cell properties that support the development of *C. albicans*.⁵

Albert (2002) reported that each cell type has almost the same membrane structure, where the cell membrane consists of a phospholipid bilayer. This phospholipid bilayer is two layers of fat that bind to phosphates. So it can be explained that each cell maintains its hydrophobicity, especially in the inner layer of the cell.⁶ Even so, the hydrophilic nature of the cell surface is also supported to balance the active transport process. Especially when there is a bond between antioxidant receptors and cell ligands to maintain a hydrophobic atmosphere when there is an interaction between pathogens and host cell ligands.⁷ This mechanism is focused on supporting the balance of response between drug and antigen and between drugs with cell protection properties as antioxidants.⁸

Several studies on antifungal drugs refer to hydrophilic and hydrophobic systems. One side of the drug must have hydrophilic properties with the cell surface, and it must also have hydrophobic receptors to prevent interactions between pathogens, including *C. albicans*. Host cells influence the cells to become malignant.⁹ In candidiasis caused by cigarette smoke, *C. albicans* tend to develop because nicotine and tar can increase the expression of nicotinic acetylcholine receptors.¹⁰ The bond between nicotine receptors and nicotine ligands can cause changes in cell properties that support the development of *C. albicans*.¹¹

The use of several natural ingredients, such as Moringa leaves (*Moringa oleifera*), has been reported to have antifungal properties¹² and contains high antioxidants.¹³ Our previous research found that the ethanol extract of Moringa leaves had good cytotoxic properties against bacterial cells, which correlated with antioxidant content. Research on the hydrophobicity of Moringa leaves related to antioxidants against epithelial cells and fibroblasts has not been widely reported. This research is expected to obtain a correlation between the hydrophobicity of the ethanol extract of Moringa leaves and its antioxidant power to

support the protection of epithelial cells and fibroblast cells affected by *C. albicans* infection to prevent oral candidiasis infection.

Candidiasis of the oral cavity caused by *C. albicans* is still a threat. Ligands from fibroblast cells and mucosal epithelial cells are targets for the adhesion receptors of *C. albicans*. The use of antifungal drugs increases the hydrophobicity of the cell surface and affects the hydrophobic properties of the *C. albicans* cell surface.¹⁴ This concept applies to all antifungal and other pathogenic drug systems. Moringa leaf extract has been reported to have antifungal and antioxidant properties in cell lines. The study of hydrophobic properties related to the protective response of cells due to *C. albicans* infection has not been reported before, so this study is expected to find a relationship between the hydrophobicity index of the ethanol extract of Moringa leaves and its ability to prevent damage to fibroblast cells and oral mucosal epithelial cells after being infected with *C. albicans*.

4

Materials and methods

The research has approved ethical clearance No 324/KE/FKG/2021 from the Faculty of Dentistry, Syiah Kuala University, Darussalam, Banda Aceh, Indonesia. The research material consisted of ethanol extract of *M. oleifera* and *C. albicans* isolate ATCC 10231. Evaluation of the antifungal effect on changes in the response of *C. albicans* cells using time and concentration bases

4

Extraction of Moringa oleifera

Moringa leaves (*Moringa oleifera*) separated from the stalks were collected as much as 1 kg and then washed with water. Drying was carried out for two days until wilted, then dried in an oven at 50 °C for ±48 hours. Moringa leaves are crushed with a blender to obtain Moringa leaf powder. Moringa leaf powder obtained is then stored in an airtight container. The powder was placed in a clean flat bottomed glass container, closed, and soaked in 100 mL of 96% ethanol. The residues and filtrates were separated for three days and interspersed with replacing the same solvent. The filtrates were collected and concentrated with a rotary vacuum evaporator at a temperature of 50°C and a pressure of 75 mm Hg to obtain the extract.

Culture of Candida albicans

Candida albicans isolate ATCC 10231

was revived by growing on SDA media for 48 h at 37 °C, and one colony was cultured in liquid peptone medium for 48 h at 37 °C. Then equalized Mc Farlan 0.5 or equivalent to 0.08-0.1 nm, then applied to experimental animals.

Assessment of Cell surface changes of *Candida albicans*

The *C. albicans* cell surface assessment is based on changes to the hydrocarbon and hydrophobicity of *C. albicans* cells after interaction with *M. oleifera*. The *C. albicans* suspension was added with 5 mL of *M. oleifera* extract at concentrations of 3.125%, 6.25%, 12.5%, 25% and 50%. Then incubated for one h at 37 °C and centrifuged at 2500 rpm for 20 minutes. Then the supernatant was removed, 1 mL xylene (sigma) was added, and placed in a water bath at 37 °C for 10 min. After that, it was vortexed for 30 seconds to mix the suspension with xylene, then stored in a water bath with a temperature of 37 °C for 30 min to separate the break from xylene. Then the residue was carefully transferred to another sterile tube, and the remaining xylene in the pipette was resuspended with 2 ml of PBS pH 7.0. Then 1 mL of 1% crystal violet was added to the tube. Then let it stand for 5 min. The hydrophobic rings and the hydrocarbon areas formed are then measured with a caliper (mm) (Fig 1). The value of the effect of *M. oleifera* in inhibiting the formation of hydrophobicity and hydrocarbons on *C. albicans* cells was calculated using the tube area formula. The formula for the area of a cylinder $V = \pi \cdot r^2 \cdot t$, where V = volume of the tube (mm^3) π = phi (3.14 or 22/7) r = radius of the tube (mm) t = height of the tube (mm).¹⁵

Candida Infection model on Mucosa

In this study, *C. albicans* infection was made by smearing *C. albicans* solution (Mc Farland 0.5) on rats' Mucosa and gum area using a disposable micro applicator (2 mm). *C. albicans* was applied for 2 to three days. Mice were acclimatized for one week before the experiment, placed in individual cages for a 12-hour light/dark cycle, and received food in the form of pellets and water. Mice in this study provided as many as 35 rats divided into five treatment groups, one positive control group, and one negative control group. Each group obtained five rats. The infection treatment for seven days and the use of *M. Oleifera* as an antifungal for seven days.

Growth of *Candida albicans* assay

Swabs from the mucosa of mice infected

with *C. albicans* were transferred in a peptone medium and then cultured on selective Cromagar media for 24 hours at incubation. One *C. albicans* colony was then cultured on peptone medium as isolate stock. It was next calibrated with Mc. Farlan 0.5 (1.5×10^8 CFU/mL). Furthermore, 100 μL of *C. albicans* suspension was included in 1 mL of an extract with different concentrations, homogenized at room temperature for 15 min. Then it was cultured in aerobic atmosphere at 37 °C for 24 hours. Then it was homogenized at 5000 xg for 15 min, and 150 μL supernatant was added and read on the spectrophotometer at 600 nm.

Identification of fibroblast and Epithelial Cells

Mucosal retrieval was performed after the rats were euthanized with xylazine. Mucosa was excised with a thickness of 5 mm to the submucosa. After that, the mucosal preparation was fixed using a 10% Neutral Buffer Formalin solution, and then organ trimming was performed and put in a plastic cassette tissue. The next stage was a dehydration process using two stages of acetone for 1.5 hours, and then clarification was carried out using two stages of benzol for 1.5 hours. The printing or paraffinization process was done with benzol + paraffin (1:1 ratio) for 1.5 hours and paraffin for 1.5 hours. The preparation is put into a block/printer containing half the volume of paraffin, and the practice is placed vertically and horizontally so that the cross-section is attached to the paraffin base. After it starts to freeze, paraffin is added again until the block/mold is complete, and leave until the paraffin hardens. The paraffin block was then cut into 5 mm thin using a microtome.

The results of ribbon-shaped pieces (ribbon) are stretched over warm water at a temperature of 46 °C and immediately lifted, which helps extend the details, so they don't fold or be removed folds due to cutting. The preparation was then removed, placed on a glass object, and dried for 18 h in an incubator at 60 °C. Furthermore, staining was performed with Mayer's Hematoxylin and Eosin for eight min and then washed in running water for 30 sec. Then do the Eosin staining for 2-3 min, then rinse with running water for 30 seconds. The following process is dipping the preparations in 95% alcohol and absolute alcohol (I and II) 10 times. Then, the immersion was carried out gradually in

absolute alcohol and xylol I for 1 minute each and then in xylol II for 2 min. The last process is closing the tissue by flatly placing the object-glass on the tissue paper. Entellan adhesive dripped onto both object glasses and covered with a cover glass.

Statistical Analyses

Data on growth, cytotoxicity, and index hydrophobicity were analyzed by One Way ANOVA, while Kruskal Wallis analyzed data on the repair of epithelial cells and fibroblasts. Meanwhile, the correlation between the two uses Pearson and Spearman, with a significance limit of $p < 0.05$ and a relationship ($r = 1$).

<i>M. oleifera</i>	N	Hydrocarbon area (mm ²)						** p-value
		24 jam (n=21)		48 jam (n=21)		72 jam (n=21)		
		Mean±SD	Freq	Mean±SD	Freq	Mean±SD	Freq	
50%	3	596.6±0.28	13%	694.73±0.64	14%	741.83±0.21	15%	0.057
25%	3	753.6±0.85	17%	757.53±0.21	16%	663.33±1.20	14%	
12.50%	3	600.53±1.63	13%	737.9±0.42	15%	675.1±1.84	14%	
6.25%	3	702.58±0.49	16%	714.35±1.27	15%	698.65±0.42	14%	
3125%	3	655.48±0.21	15%	745.75±0.71	15%	769.3±0.85	16%	
Nystatine	3	635.85±0.42	14%	631.93±0.49	13%	710.43±0.49	15%	
<i>C. albicans</i>	3	573.05±0.14	13%	592.68±0.07	12%	573.05±0.28	12%	
*p-Value		0.049		0.591		0.067		

Table 1. Hydrocarbon index of *M. oleifera* on the cell surface of *C. albicans*.

* Kruskal-Wallis, ** One Way Anova.

<i>M. oleifera</i>	N	Hydrophobicity inhibition (mm ²)						** p-value
		24 h (n=21)		48 h (n=21)		72 h (n=21)		
		Mean±SD	Freq	Mean±SD	Freq	Mean±SD	Freq	
50%	3	47.1±0.01	12%	90.28±0.0	7	78.5±0.42	14%	0.042
25%	3	62.8±0.14	15%	86.35±0.1	4	109.9±0.2	20%	
12.50%	3	70.65±0.0	17%	66.73±0.3	5	113.8±0.3	20%	
6.25%	3	78.5±0.14	19%	70.65±1.1	3	66.73±0.3	5	
3125%	3	39.25±0.0	10%	47.10±0.0	1	78.5±0.14	14%	
Nystatin	3	86.35±0.1	21%	102.01±0.	1	54.95±0.2	8	
<i>C. albica</i>	3	23.55±0.1	6%	31.40±0.1	4	58.88±0.0	7	
*p-Value		0.031		0.491		0.021		

Table 2. Hydrophobicity index of *M.oleifera* on the cell surface of *C. albicans*.

* Kruskal-Wallis, ** One Way Anova.

Results

Table 1 shows the value of Moringa oleifera index hydrocarbons on the effect of the hydrophobicity activity of *C. albicans* cell surfaces. Based on the research findings, *C. albicans* was only able to limit the influence of hydrocarbon activity at 24 hours (13%), 48 hours (12%), and 72 hours (12%). Increased activity of the test material's hydrocarbons within 24 hours at concentrations of 25% (17%), 6.25% (16%),

and 3.125% (15%), Whereas at 48 hours, all concentrations of the test material experienced an increase in hydrocarbon activity, except for the 50% concentration and the positive control. At 72 hours, the movement of the hydrocarbons tends to stabilize towards the hydrophobicity of the *C. albicans* cell surface. The concentration of 3.125% and positive control have increased.

<i>M. oleifera</i>	N	24 h (n=21)		48 (n=21)		72 (n=21)		**p-value			
		Mean±OD	colony (CFU/mL)	Fr eq	Mean±OD	colony (CFU/mL)	Fr eq		Mean±OD	colony (CFU/mL)	Fr eq
50%	3	0.05±0.002	<150	13%	0.05±0.002	<150	12%	0.06±0.009	<200	16%	0.352
25%	3	0.05±0.003	<150	12%	0.05±0.003	<150	11%	0.05±0.002	<150	12%	
12.50%	3	0.04±0.003	<100	11%	0.05±0.003	<150	11%	0.05±0.005	<150	11%	
6.25%	3	0.04±0.004	<100	11%	0.06±0.004	<200	14%	0.05±0.004	<150	11%	
3.13%	3	0.05±0.005	<150	13%	0.06±0.005	<200	15%	0.06±0.016	<200	13%	
C+ (Nystatin)	3	0.14±0.016	300-500	39%	0.16±0.003	300-500	38%	0.15±0.007	300-500	37%	
<i>C. albicans</i>	3	0.16±0.001	300-500	43%	0.17±0.001	300-500	40%	0.17±0.001	300-500	40%	
*p-value		0.01		0.011		0.012					

Table 3. Distribution and growth frequency of *C. albicans* affected by *M. oleifera*.

* Kruskal-Wallis, ** One Way Anova.

Incubation Times	<i>Moringa oleifera</i>	growth	Hydrocarbon		Hydrophobicity		Description
			Toxicity response	Biofilm response	Toxicity response	Biofilm response	
24 h	50%	13%	0.5%	-1.2%	The test material within 24 hours provided a 12% and 88% growth opportunity for <i>C. albicans</i> . <i>C. albicans</i> cells died as a result of 97.5% toxicity which was influenced by 2.5% hydrocarbon activity, thereby preventing the formation of biofilm-quorum sensing as much as 97.5% which was influenced by 2.5% by hydrophobicity		
	25%	12%	4.3%	3.0%			
	12.5%	11%	1.9%	5.9%			
	6.25%	11%	4.2%	7.9%			
	3.125%	13%	1.5%	-3.4%			
48 h	C+	39%	-25.1%	-18.0%			
	50%	12%	2.4%	6.4%	The test material within 48 hours provided a 12% and 88% growth opportunity for <i>C. albicans</i> . <i>C. albicans</i> cells died as a result of 97.5% toxicity which was influenced by 2.5% hydrocarbon activity, to prevent the formation of 97.5% biofilm-quorum sensing, which controlled by 2.5% hydrophobicity activity		
	25%	11%	4.7%	6.6%			
	12.5%	11%	3.8%	2.2%			
	6.25%	14%	1.1%	0.7%			
3.125%	15%	0.4%	-5.4%				
72 h	C+	38%	-24.7%	-17.0%			
	50%	16%	-0.2%	-1.5%	The test material within 72 hours allowed <i>C. albicans</i> 13% and 87% growth opportunity. <i>C. albicans</i> cells died as a result of 98% toxicity which was influenced by 2% hydrocarbon activity, to prevent the formation of biofilm-quorum sensing 96.7%, which controlled by 3.3% hydrophobicity activity		
	25%	12%	1.8%	7.6%			
	12.5%	11%	2.9%	9.2%			
	6.25%	11%	3.0%	0.4%			
3.125%	13%	2.6%	0.6%				

Table 4. The growth of *C. albicans* based on the effect of hydrocarbon activity and hydrophobicity of the ethanol extract of *M. oleifera*.

<i>M. oleifera</i>	N	Fibroblast cell (%) n=35		Recovery Status
		Mean±SD	Frequency (%)	
50%	5	8,60±1.192	88%	Recovery
25%	5	10,04±1.22	90%	Recovery
12.5%	5	8,20±0.73	88%	Recovery
6.25%	5	7,32±0.50	78%	Moderate Recovery
3.125%	5	7,04±0.71	67%	Moderate Recovery
C+(Nystatine)	5	9,25±0.21	89%	Recovery
C- (Negative)	5	4,97±0.81	51%	No Recovery
*p-value		0.0012		

Table 5. Distribution and frequency of oral mucosal fibroblast cells after infection with *C. albicans* under the influence of *M. oleifera*.

* One Way ANOVA.

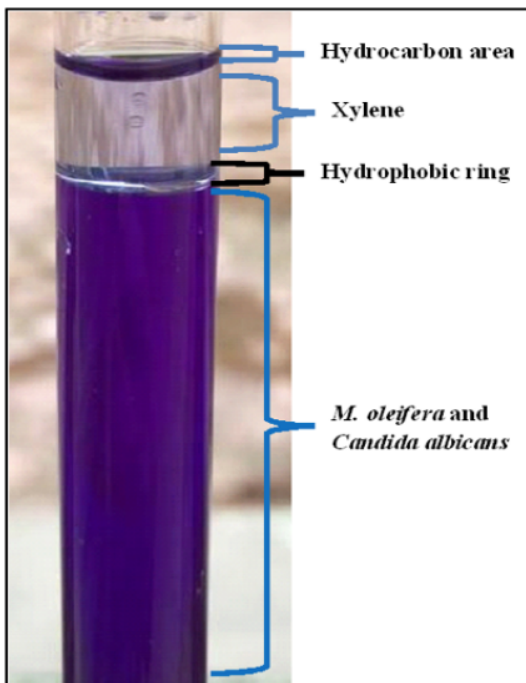


Figure 1. Assessment of the hydrophobicity and formation of *C. albicans* cell hydrocarbons.

Table 2 shows the value of the hydrophobicity index of Moringa oleifera on the influence of the surface hydrophobicity activity of *C. albicans* cells. Based on the results of the study, it was shown that *C. albicans* was only able to maintain changes in cell surface hydrophobicity activity at 24 hours (6%), 48 hours (6%), and 72 hours (10%). At all incubation times, it can generally inhibit the activity of *C. albicans* cell surface hydrophobicity. At 24 and 48 hours, the ethanol extract of Moringa leaves increased by 15% respectively; at 72 hours, it grew to 16%. In particular, at 24 hours, the concentration of 6.25% (19%) is better than other concentrations.

At 48 hours, the concentration of 50% (18%) was the best to prevent the activity of *C. albicans* cell surface hydrophobicity. Meanwhile, at 72 hours of incubation, concentrations of 25% and 12.5% had better performance, each having an inhibitory effect on the surface hydrophobicity activity of *C. albicans* cells of 20%.

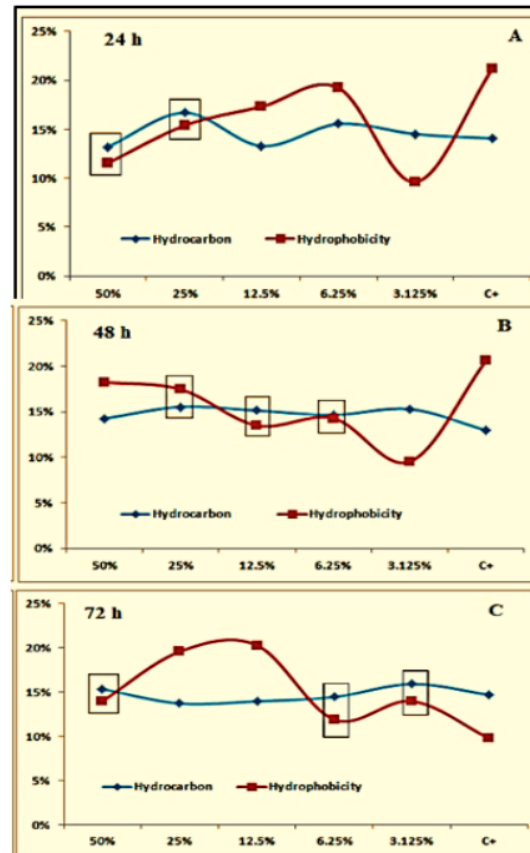


Figure 2. Distribution of the hydrophobicity and hydrocarbon activity of *M. oleifera* in influencing changes in the cell surface of *C. albicans*. In general, at all concentrations *M. oleifera* had a good effect on suppressing the surface hydrophobicity of *C. albicans* cells while increasing the activity of *C. albicans* cell surface hydrocarbons. The hydrophobicity graph line correlates with the activity of the hydrocarbons. (A) 25% and 50% concentration and (24 hours). (B) Concentrations of 25%, 12.5%, and 6.25% (48 hours). and (C). Concentration 50%, 6.25%, and 3.125% (72 hours). Data were taken in three repetitions for each concentration. Horizontal (*M. oleifera* mg/mL) and Vertical (correlation value).

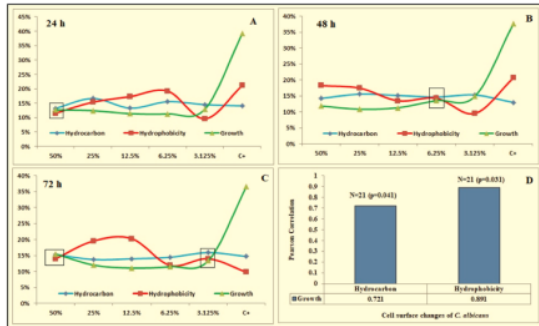


Figure 3. Correlation between the growth of *C. albicans* and the hydrocarbon activity and hydrophobicity of Moringa oleifera. In general, at all concentrations of Moringa oleifera there was a relationship between the growth quantity of *C. albicans* and the activity of hydrocarbons and cell surface hydrophobicity of *C. albicans*. Line chart of *C. albicans* growth correlated with hydrocarbons and hydrophosphoricity. (A) 50% concentration (24 hours), (B) 6.25% (48 hours), (C) 50% and 3.125% (72 hours), (D) Growth correlation with hydrocarbons and hydrophobicity. Data were taken in three repetitions for each concentration. Horizontal (*M. oleifera* in mg/mL interacted with *C. albicans*) and Vertical (correlation value).

Table 3 shows the incubation times of 24, 48, and 72 hours indicating the growth intensity of *C. albicans* with an average OD of 0.05-0.05 nm. Based on the Mc Farland standard this value is equivalent to <150 CFU of *Mc. Farland* 0.5 (1.5×10^8). Optical Density 0.05 nm (<150 CFU/mL), 0.08-0.1 nm (Mc Farlan 0.5; <300 CFU), OD 0.11-0.29 nm (Mc Farland 1; 300-600 CFU); OD 0.3-0.49 nm (Mc Farland 2; 600-1200 CFU). These scales were adopted by McFarlad Standard for in vitro use only, Catalog No. TM50-TM60, Scott Sutton, Measurement of Microbial Cells by Optical Density, 2011).¹⁶

Based on the Kruskal Wallis test analysis, it was shown that the growth of *C. albicans* affected by the ethanol extract of *M. oleifera* did not lead to a significant difference based on the incubation time ($p > 0.05$; 0.352). Meanwhile, based on the concentration, there were significant differences at 24 hours ($p = 0.01$), 48 hours ($p = 0.011$), and 72 hours ($p = 0.12$). The Spearman's rho correlation shows that the growth of *C. albicans* with time has a weak relationship ($r = 0.272$). Meanwhile, there is a

relatively strong relationship with concentration ($r = 0.722$). It means that the growth capacity of *C. albicans* is affected by the total concentration of *M. oleifera*.

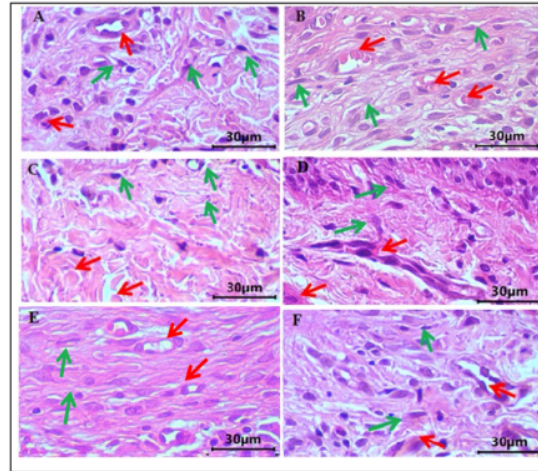


Figure 4. Histopathological profile of fibroblast cells and angiogenesis. The concentration of ethanol extract of Moringa leaves can induce an increase in fibroblast cells and angiogenesis in the oral mucosa. (A) 50%; (B) 25%, (C) 12.5%, (D) 6.25%, (E) 3.125% and (F) Negative Control. Green arrow (fibroblast) and red arrow (angiogenesis). 500x magnification.

Table 4 shows the growth of *C. albicans* which is affected by the activity of the hydrocarbons and the hydrophobicity of the ethanol extract of Moringa oleifera. The value of the toxicity response affected by the action of the hydrocarbon and the value of the response biofilm affected by the activity of the hydrophobicity were both obtained as a result of the percent growth value minus the percent value of the hydrocarbon index and the hydrophobicity index. At the same time, the value of the description of *C. albicans* growth for each treatment time (24 hours, 48 hours, and 72 hours) was obtained from the average increase, hydrocarbon, and hydrophobicity.

Table 5 reports the distribution and frequency of oral mucosal fibroblast cells after infection with *C. albicans* under the influence of *M. oleifera*. Concentrations of 50%, 25%, and 12.5% have antifungal properties by reducing the growth of *C. albicans* (Table 3). The decrease in *C. albicans* growth was in line with the infection

reduction, assessed based on the increase in mucosal fibroblast cells. Fibroblast cells work to help improve tissue repair to achieve healing. Figure 4 shows the number of fibroblast cells in the mucosa of mice that have been given *M. oleifera* for seven days.

Figure 2 shows no difference in the activity of *M. oleifera* hydrocarbons based on the incubation time of 24 hours, 48 hours, and 72 hours. In general, the hydrophobic activity of *M. oleifera* on the surface hydrophobicity of *C. albicans* cells increased at concentrations of 12.5% and 6.25% (24 hours). At 48 hours, the increase occurred at a concentration of 50%, and at 72 hours, the hydrophobic inhibition of *C. albicans* occurred at 25% and 12.5%. In comparison, the activity of *M. oleifera*'s hydrocarbons and hydrophobicity closely disrupted the surface hydrophobicity of *C. albicans* cells, especially at concentrations of 50% and 25% (close relationship) at 24 hours of incubation. At an incubation time of 48 hours, the concentrations of 12.5% and 6.25% (very close relationship) had a close relationship between hydrocarbons and hydrophobicity. At 72 hours of incubation, the concentrations of 50% and 3.125% had a close relationship between the activity of hydrocarbons and the hydrophobicity of *M. oleifera* to prevent the hydrophobic activity of *C. albicans* cell surfaces.

Based on the One Way ANOVA analysis, it was shown that there was no significant difference between the activity of hydrocarbons and hydrophobicity on the surface of *C. albicans* cells affected by the ethanol extract of *M. oleifera* based on incubation time (Hydrocarbon: $p > 0.05$; 0.975 and hydrophobicity: $p > 0.05$; 0.940). Meanwhile, based on the concentration, there was no significant difference either for hydrocarbons ($p > 0.05$; 0.406) or for hydrophobicity ($p > 0.05$; 0.364). The Pearson correlation shows that the activity of hydrocarbons has a weak relationship with incubation time ($r = 0.058$), while there is no relationship with concentration ($r = -0.062$). It means that the quantity of the hydrocarbon is not affected by the amount of concentration.

Figure 3 shows the relationship between the growth of *C. albicans* and the hydrocarbon and hydrophobicity properties of *M. oleifera*. At 24 hours, it was 50% and 3.125%. At 48 hours, it was only 6.25%, while at 72 hours, the concentration was 50% and 3.125%. A growth

chart line between the hydrocarbon and hydrophobicity graph lines indicates a good relationship. Both can control the growth of *C. albicans* except for positive control.

Discussion

This study generally reported that *Moringa oleifera* gave good results for increasing changes on the *C. albicans* cell surface on hydrophobicity activity and hydrocarbon response, as well as a good effect on *C. albicans* growth and increasing the healing of mucosal infections triggered by *C. albicans*. Onsare (2015) reported that the bioactive components of the *M. oleifera* seed coat had demonstrated antibiofilm potential against test organisms classified as Gram-positive, Gram-negative, and yeast.¹⁷

Moringa oleifera increased the hydrocarbon value and decreased the hydrophobicity of the cell surface of *C. albicans*, as seen in Tables 1 and 2 during 24 hours (13%), 48 hours (12%), and 72 hours (12%) after exposure to hydrocarbons, the ethanol extract of *M. oleifera* demonstrated tolerance for *C. albicans*. Within 24 hours, concentrations of 25% (17%), 6.25% (16%), and 3.125% (15%) of the test material's hydrocarbons exhibited increased activity. At 48 hours, all concentrations of the test material experienced increased hydrocarbon activity, except for the 50% concentration and the positive control. At 72 hours, the movement of the hydrocarbons tends to stabilize towards the hydrophobicity of the *C. albicans* cell surface. The concentration of 3.125% and the positive control increased, thus indicating that the most negligible concentration still had an excellent effect in increasing changes on the cell surface of *C. albicans*.

Several studies reported that the antifungal effect of several active ingredients from plants could interfere with the surface of fungal cells^{18,19}. This pathogenesis begins by interfering with communication between fungal cells to suppress toxic release²⁰. Furthermore, the antifungal action damages the extra and intra-cell active transport systems, disrupting nutrient intake and the intra-cell fluid metabolism system. Another antifungal ability possessed by natural products such as *M. oleifera* is to interfere with the protein synthesis system involved in the response of the cell wall to its environment, such as HWP1 and ALS3.²¹ These two cell wall

proteins are involved in biofilm formation and adhesion to the host mucosa²². So the impact of disrupting the hydrophobic surface mechanism of *C. albicans* cells causes a decrease in adhesion ability. Hydrophobicity is another characteristic that is usually associated with the formation of biofilms²³.

Table 2 shows the value of the hydrophobicity index of *Moringa oleifera* on the influence of the surface hydrophobicity activity of *C. albicans* cells. Based on the study's results, it was shown that *Moringa oleifera* could reduce the surface hydrophobicity of *C. albicans* cells. This ability aligns with the decreased growth of *C. albicans* (Table 4). It means that the hydrocarbon and hydrophobicity properties of *M. oleifera* affect the growth quantity of *C. albicans*. These results indicate that *M. oleifera* affects changes in the cell wall's surface, thus having implications for decreasing its growth.

Previous studies reported that hydrocarbons adsorbed on the surface of microbial cells could be transported across the membrane into the cell mainly by passive or active transport.²⁴ The hydrophobicity of the cell surface (CSH) plays an essential role in the adhesion of microorganisms to biotic and abiotic surfaces, which is positive for the growth rate of *C. albicans*²⁵. Several research results have described the potential of *Moringa oleifera* leaves as an active ingredient to prevent the growth and activity of *C. albicans* cell surface hydrophobicity.²⁶ Based on the growth value of *C. albicans*, *M. oleifera* is fungistatic against *C. albicans*. The hydrocarbon activity of *M. oleifera* can indicate cytotoxic activity against *C. albicans* cells.⁶ Meanwhile, the hydrophobicity of *M. oleifera* on the surface of *C. albicans* cells can suggest that *M. oleifera* can prevent quorum-sensing and biofilm formation by *C. albicans*²⁶. Some plant antifungal compounds have been reported to be toxic to fungi such as *C. albicans*. The mechanism of antifungal toxicity occurs by disrupting cell membranes by increasing the pressure on permeability, resulting in higher penetration of intracellular fluids to extra cells.²⁷

Table 5 reported that *M. oleifera* was able to increase the development of fibroblast cells. This means that this test material can reduce infection and improve mucosal healing. Reddy (2013) reported that fibroblast cells help improve tissue repair to achieve recovery²⁸. In addition, *M. oleifera* can increase the development of

fibroblast cells as an indicator of increased healing of mucosal infections due to infection by *C. albicans*²⁹. This potential can illustrate that *M. oleifera* can maintain the metabolism of *C. albicans* as a commensal involved in the pathogenesis of oral candidiasis infection. Fibroblasts play an essential role in regulating extracellular matrix turnover under normal conditions. In injured tissue, fibroblasts are activated and differentiate into myofibroblasts, which contract and participate in healing by reducing wound size and secreting ECM proteins.³⁰

The fungus *C. albicans* was reported as a causative pathological agent that triggers oral candidiasis infection. *Moringa oleifera* leaves have antifungal properties and contain antioxidant compounds that can potentially prevent interactions between *C. albicans* receptors and ligand proteins of epithelial cells and fibroblast cells. This ability is related to antioxidant properties that can increase the surface hydrophobicity of epithelial and fibroblast cells. Increasing the hydrophobicity of *M. oleifera* can reduce the interaction of the ROS (Reactive Oxygen Species) system of *C. albicans* cells.

Conclusions

M. oleifera can increase hydrocarbons and reduce the hydrophobicity of the *C. albicans* cell surface and reduce growth. In addition, *M. oleifera* can increase the healing of oral mucosal infections after being infected with *C. albicans*, which is indicated by an increase in fibroblast cells.

Declaration of Interest

The authors report no conflict of interest.

References

1. Jabra-Rizk MA, Kong EF, Tsui C, et al. Candida albicans pathogenesis: fitting within the host-microbe damage response framework. *Infection and immunity* 2016;84(10):2724-39.
2. Singh A, Verma R, Murari A, Agrawal A. Oral candidiasis: An overview. *Journal of oral and maxillofacial pathology: JOMFP* 2014;18(Suppl 1):S81.
3. Gani BA, Alghassani AQ, Mubarak Z, Bachtiar EW, Bachtiar BM. The potential of cigarette smoke condensate to increase the formation of candida albicans biofilm isolate ATCC 10261. *Journal Of Sjah Kuala Dentistry Society* 2017;2(1):33-39.
4. Singleton DR, Masuoka J, Hazen KC. Surface hydrophobicity changes of two Candida albicans serotype B mnn4Δ mutants. *Eukaryotic cell* 2005;4(4):639-48.

5. Liu W, Li MD. Insights into nicotinic receptor signaling in nicotine addiction: implications for prevention and treatment. *Current neuropharmacology* 2018;16(4):350-70.
6. Alberts B, Johnson A, Lewis J, et al. *The Molecular Mechanisms of Membrane Transport and the Maintenance of Compartmental Diversity*. Molecular Biology of the Cell. 4th edition: Garland Science; 2002: 201.
7. Kurutas EB. The importance of antioxidants which play the role in cellular response against oxidative/nitrosative stress: current state. *Nutrition journal* 2015;15(1):1-22.
8. Liguori I, Russo G, Curcio F, et al. Oxidative stress, aging, and diseases. *Clinical interventions in aging* 2018;13:757.
9. Parente-Rocha JA, Bailão AM, Amaral AC, et al. Antifungal resistance, metabolic routes as drug targets, and new antifungal agents: an overview about endemic dimorphic fungi. *Mediators of inflammation* 2017;2017: 1-16.
10. Chen IL, Todd I, Fairclough LC. Immunological and pathological effects of electronic cigarettes. *Basic & Clinical Pharmacology & Toxicology* 2019;125(3):237-52.
11. Bocquet N, de Carvalho LP, Cartaud J, et al. A prokaryotic proton-gated ion channel from the nicotinic acetylcholine receptor family. *Nature* 2007;445(7123):116-19.
12. Kafi SK. Evaluation of the antifungal activity of moringa oleifera seeds, leaves and flowers. *International Journal of Agricultural Technology* 2014 Vol. 10(4): 963-982
13. Qwele K, Hugo A, Oyedemi S, et al. Chemical composition, fatty acid content and antioxidant potential of meat from goats supplemented with Moringa (*Moringa oleifera*) leaves, sunflower cake and grass hay. *Meat Science* 2013;93(3):455-62.
14. Gani BA, Soraya C, Sugiaman VK, et al. Fungistatic effect of *Moringa oleifera* Lam. on the metabolism changes of *Candida albicans*. *Journal of Pharmacy & Pharmacognosy Research* 2023;11(1):179-90.
15. Lather P, Mohanty A, Jha P, Garsa AK. Contribution of cell surface hydrophobicity in the resistance of *Staphylococcus aureus* against antimicrobial agents. *Biochemistry research international* 2016;2016: 1-5.
16. Sutton S. Measurement of microbial cells by optical density. *Journal of Validation technology* 2011;17(1):46-49.
17. Onsare JG, Arora DS. Antibiofilm potential of flavonoids extracted from *Moringa oleifera* seed coat against *Staphylococcus aureus*, *Pseudomonas aeruginosa* and *Candida albicans*. *J Appl Microbiol* 2015;118(2):313-25.
18. Arma, U., Widyawati, W., Bakar, A., & Gani, B. A. (2022). Role of *Ziziphus mauritiana* Lam. on Oral Candidiasis and its Relation to the Antibody Response, Blood Electrolyte, and Liver Profile. *Journal of International Dental and Medical Research*, 15(2), 564-574.
19. Kaur N, Bains A, Kaushik R, Dhull SB, Melinda F, Chawla P. A Review on Antifungal Efficiency of Plant Extracts Entrenched Polysaccharide-Based Nanohydrogels. *Nutrients*. 2021;13(6):2055. Published 2021 Jun 15. doi:10.3390/nu13062055
20. Sadiq FA, Yan B, Tian F, et al. Lactic acid bacteria as antifungal and anti-mycotoxigenic agents: a comprehensive review. *Comprehensive Reviews in Food Science and Food Safety* 2019;18(5):1403-36.
21. Anuța V, Talianu M-T, Dinu-Pîrvu C-E, et al. Molecular Mapping of Antifungal Mechanisms Accessing Biomaterials and New Agents to Target Oral Candidiasis. *International Journal of Molecular Sciences* 2022;23(14):7520.
22. Ganguly S, Mitchell AP. Mucosal biofilms of *Candida albicans*. *Current opinion in microbiology* 2011;14(4):380-85.
23. Del Rio M, de la Canal L, Pinedo M, Mora-Montes HM, Regente M. Effects of the binding of a *Helianthus annuus* lectin to *Candida albicans* cell wall on biofilm development and adhesion to host cells. *Phytomedicine* 2019;58:1-10
24. Hua F, Wang HQ. Uptake and trans-membrane transport of petroleum hydrocarbons by microorganisms. *Biotechnology & Biotechnological Equipment* 2014;28(2):165-75.
25. Krasowska A, Sigler K. How microorganisms use hydrophobicity and what does this mean for human needs? *Frontiers in cellular and infection microbiology* 2014;4:112.
26. Onsare J, Arora D. Antibiofilm potential of flavonoids extracted from *Moringa oleifera* seed coat against *Staphylococcus aureus*, *Pseudomonas aeruginosa* and *Candida albicans*. *Journal of applied microbiology* 2015;118(2):313-25.
27. Yun DG, Lee DG. Silymarin exerts antifungal effects via membrane-targeted mode of action by increasing permeability and inducing oxidative stress. *Biochimica et Biophysica Acta (BBA)-Biomembranes* 2017;1859(3):467-74.
28. Jayarama Reddy V, Radhakrishnan S, Ravichandran R, et al. Nanofibrous structured biomimetic strategies for skin tissue regeneration. *Wound Repair and regeneration* 2013;21(1):1-16.
29. Jahromi MAM, Zangabad PS, Basri SMM, et al. Nanomedicine and advanced technologies for burns: Preventing infection and facilitating wound healing. *Advanced drug delivery reviews* 2018;123:33-64.
30. Li B, Wang JH. Fibroblasts and myofibroblasts in wound healing: force generation and measurement. *J Tissue Viability* 2011;20(4):108-20.

The antigungal effect of Moringa

ORIGINALITY REPORT

17%

SIMILARITY INDEX

PRIMARY SOURCES

1	jppres.com Internet	297 words — 6%
2	www.jidmr.com Internet	136 words — 3%
3	ijisrt.com Internet	97 words — 2%
4	jurnal.unsyiah.ac.id Internet	77 words — 2%
5	ijournalse.org Internet	66 words — 1%
6	Daisuke Setoguchi, Emi Nagata, Takahiko Oho. " A novel mannose-containing sialoprotein adhesin involved in the binding of cells to DMBT1 ", Molecular Oral Microbiology, 2022 Crossref	55 words — 1%
7	"Candida albicans: Cellular and Molecular Biology", Springer Science and Business Media LLC, 2017 Crossref	48 words — 1%
8	Bin Li, James H.-C. Wang. "Fibroblasts and myofibroblasts in wound healing: Force generation and measurement", Journal of Tissue Viability, 2011 Crossref	26 words — 1%

9 www.science.gov 26 words — 1%

Internet

10 etheses.whiterose.ac.uk 25 words — 1%

Internet

EXCLUDE QUOTES ON

EXCLUDE SOURCES < 1%

EXCLUDE BIBLIOGRAPHY ON

EXCLUDE MATCHES < 4 WORDS